



ASSOCIATE NEWSLETTER - NOVEMBER 2018

ACHIEVING YOUR GOALS

Goal setting is needed to succeed in everyday life especially if you are working to advance your career. Without goals, you're letting life push you around. It's never too late to set goals and make positive changes in your life. Here are some tips and easy steps to follow to accomplish your goals.



you'd made a difference in your income, or changed your eating habits. Writing down your goals is only the beginning. Next, you have to make a move!

Write Them Down

The secret to achieving your goals starts with writing them down. When you have to make decisions, being able to see your goals will help you stay focused on what is most important. Make sure to write down your goals and post them around your house and workplace to help keep you focused. Regularly seeing the goals you've written will help motivate you to take action and help you become more successful. Try writing your short-term milestones on a white board, so you can see them every day and check off each goal as you accomplish it.

Stay Positive

Forget the negative and dwell on the positive. Sometimes, you may feel like giving up, but you'll eventually overcome

if you stay positive and keep your eyes on the prize! Just remember every meaningful endeavor, dream, or goal will encounter resistance. Overcome the obstacles by focusing on the positive.

Take Action

You could write down goals all day long, but until you take action, they amount to nothing; and you could possibly be right back where you are a year from now, still wishing

Forget the negative and dwell on the positive. Sometimes, you may feel like giving up, but you'll eventually overcome if you stay positive and keep your eyes on the prize! Just remember every meaningful endeavor, dream, or goal will encounter resistance. Overcome the obstacles by focusing on the positive.

Celebrate Your Accomplishments

When you're experiencing success, it's easy to celebrate. But if you're not seeing results, it's difficult to see the silver lining. Think about how far you've come and what you still need to do to accomplish your goals. Remember to look at the goals you've written down. Think of those goals as mile markers on a highway. Don't turn around if you've made a mistake. Keep moving forward and take time to celebrate your accomplishments!

By: Express Employment Professionals

Employees of the Month


Codney Mokgotho



Congratulations to Codney Mokgotho who was awarded Employee of the Month for July. Well done Codney!

Express Middelburg

Amos Masina



Congratulations to Amos Masina who was awarded Employee of the Month for August. Well done Amos!

Express Middelburg

Lucky Dlamini



Congratulations to Lucky Dlamini who was awarded Employee of the Month for September. Well done Lucky!

Express Middelburg

Employees of the Month

Nkululeko Mathenjwa



Nkululeko was nominated as employee of the month in the Technical Category. He is a shift worker and he is always willing to attend additional shifts when needed. He is very respectful and hardworking. Well done Nkululeko!

— Express Richards Bay

Phillip Dube



Congratulations to Mr Dube on his award for Employee of the Month in the Technical Category. Mr Dube is a very "happy-go lucky" individual that never complains and is very reliable. He has a good attendance record and it is good to have him as a team member. Well done Phillip!

— Express Richards Bay

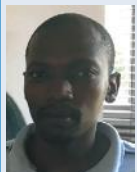
Sipho Buthelezi



Congratulations to Sipho Buthelezi on his award for Employee of the month in the Administrative Category. Sipho Buthelezi has great timekeeping and a very nice disposition. He works very hard and is not one to sit idle. Well done Sipho!

— Express Richards Bay

Malusi Magwaza



Malusi has been awarded Employee of the Month for August. He is dedicated to his job and always goes the extra mile. Never had any problems or complaints about his performance from the client. He is always at work at every time requested to be, even when informed last minute he always available to work. Well done Malusi!

— Express Durban South

Sandile Shandu



Congratulations to Sandile for his award as employee of the month in the Technical Category. Sandile is a very good worker and is always willing to do more. Sandile is praised for performing very well. Well done Sandile!

— Express Richards Bay

Nompumelelo Ntibane



Congratulations to Nompumelelo for her award for Employee of the Month in the Administration Category. Mpume has shown excellent traits of good timekeeping and manning the reception and telephone calls. She has a wonderful manner with her co-workers, is very efficient and she always has a smile. Well done Nompumelelo.

— Express Richards Bay

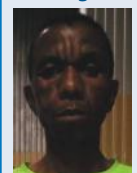
Mike Xulu



Congratulations to Mike Xulu on his award for Employee of the month in the Technical Category. Mr Xulu is a very humble and hard working employee. He deserves the best in life. Well done Mike!

— Express Richards Bay

Bongani Mbhekiseni Mchunu



Bongani has been awarded Employee of the Month for July. Bongani is a team player, always producing more than his daily target and stays after hours. He is punctual and works extremely hard. Well done Bongani!

— Express Durban South

Sifiso Zitwana



Congratulations to Sifiso Zitwana who was awarded Employee of the Month for July. Sifiso Zitwana started off as a Van Assistant at Infinity Air Water. Sifiso is great addition to the Express Cpt family and is now the delivery driver for Infinity Air Water.

— Express Cape Town

Shirley Mhlahlo



Congratulations to Shirley Mhlahlo who was awarded Employee of the Month for August. She has been a temp associate with Express for more than a year and is currently winning over the hearts of our client. Always professional and well spoken, she has now been given an extension to her contract because of her exceptional service! Well done Shirley!

— Express Cape Town

Buyisiwe Mchunu



Buyisiwe has been awarded Employee of the Month in the Administration Category. She has stepped up to the plate and has made herself a valuable team member who is well spoken and presented at all times. Miss Mchunu is well liked by our customers and is efficient in performing all her duties.

— Express Richards Bay

Vusumzi Mkoko



Congratulations to Vusumzi Mkoko who was awarded Employee of the Month for June. Vusumzi is always on time, able to work independently as well as in a team and can be counted on. Well done Vusumzi!

— Express Cape Town

Contact us:

Bedfordview	0861 177 758	Parktown	011 351 6363
Cape Town	0861 222 280	Pietermaritzburg	0861 222 263
Durban North	0861 222 276	Port Elizabeth	0861 177 757
Durban South	0861 222 265	Pretoria	0860 403 500
Middelburg	0861 177 754	Richards Bay	0861 222 264
Midrand	0860 604 949	Sandton	0861 177 755

Headquarters 0861 166 853

IMPORTANT NOTICE!

Express does not charge an applicant a placement fee! Therefore DO NOT pay anyone any money to get a job, interview or guaranteed employment.

MOLAETSA O O BOHLOKWA!

Express ga e patedise motho go mo batlela mmereko. Ka jalo, o seke wa patella chelate gore o fumane mmereko.

UMLAYEZO O PHUTHUMAYO!

Express a ka bhadalisi u ku tholela umuntu u msebenzi. Ungalinge u phane ngemali ukuthi u phiwe umsebenzi.

Please contact Headquarters if that happens on

tel: 0861 166 853
sms: 083 291 8370
email: talk2us@expresspros.co.za

Find us on:

